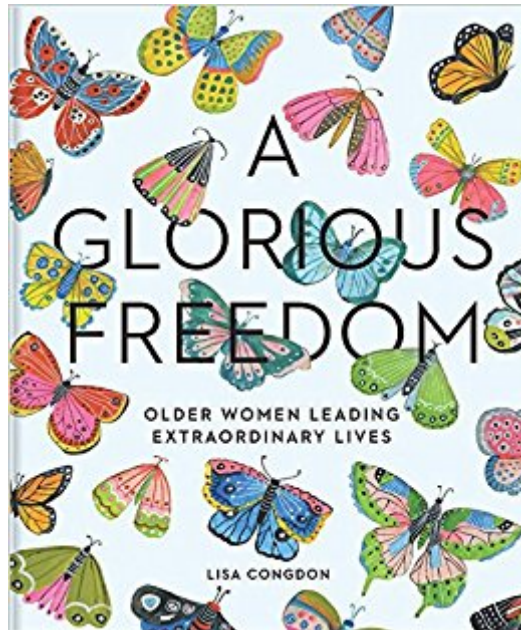


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A Glorious Freedom: Older Women Leading Extraordinary Lives



Synopsis

The glory of growing older is the freedom to be more truly ourselvesâwith age we gain the liberty to pursue bold new endeavors and worry less about what other people think. In this richly illustrated volume, bestselling author and artist Lisa Congdon explores the power of women over the age of forty who are thriving and living life on their own terms. Profiles, interviews, and essays from womenâincluding Vera Wang, Laura Ingalls Wilder, Julia Child, Cheryl Strayed, and many moreâwho've found creative fulfillment and accomplished great things in the second half of their lives are lavishly illustrated and hand-lettered in Congdon's signature style. The perfect gift for women of all ages, *A Glorious Freedom* celebrates extraordinary lives and redefines what it means to gain wisdom and maturity.

Book Information

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Customer Reviews

A Glorious Freedom An open letter of encouragement to women of all ages, this book celebrates extraordinary lives lived over the age of 40, and redefines what it means to grow older. [View larger](#)

[View larger](#) From the Introduction This book profiles many women who paved the way for us-- women like Katherine Johnson, Louise Bourgeois, Julia Child, and others who were challenging notions of what it meant to be an 'over-the-hill' woman long before today. The book also tells stories of extraordinary women today who are reinventing what it means to be an older woman-- women who are breaking barriers, successfully completing athletic feats, and doing their

best work in their 60s, 70s, and 80s. No matter what your age or gender, may each of you find inspiration in this book to live bravely and fully, and to use your experience as your most powerful tool in living your best life.

Women Featured in the book Include:

Vera Wang

Laura Ingalls Wilder

Eva Zeisel And many more.

“You cannot capture the beauty of being a woman coming into her own power without art. No one knows that better or does that better than Lisa Congdon. A Glorious Freedom captures the spirit of what it means to show up, be seen, and be free.” Brené Brown, Ph.D., author of the #1 New York Times Bestseller *Rising Strong* “We hear all the time that women become invisible after 40, but not in this book. Lisa Congdon captures the beauty and humanity of getting older, wiser, and “in many ways” freer.” Andi Zeisler, cofounder Bitch Media

Lisa Congdon is an author, illustrator, and fine artist. Her other books include *Whatever You Are Be a Good One*; *Art, Inc.*; *Fortune Favors the Brave*; and *The Joy of Swimming*, also from Chronicle Books. She lives in Portland, Oregon. You can see more of her work at www.lisacongdon.com.

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